

Mahila Kisan Diwas organized by ICAR-NAARM

15 October 2022

ICAR- National Academy of Agricultural Research Management organised 'Mahila Kisan Diwas' on 15th October, 2022 at Agraharam Pottapally Village, Mahabubnagar district, Telangana. On this occasion women farmers were sensitized on the topic How to curb malnutrition among rural women. Around 100 participants including women farmers, women agricultural labourers and other rural women attended the programme.

Dr T Supraja, Professor (Foods & Nutrition), PJTSAU, Hyderabad enlightened the importance of proper nutrition to stay healthy. She also mentioned that, malnutrition is a serious issue in rural areas. Malnutrition, especially anaemia continues to be rampant among rural women due to dietary deficiencies. She further mentioned that, awareness about food and nutrition among the farm women are very essential for maintaining the food and nutrition security of the farm family. Vegetable and fruit based nutri-gardens are the richest source of nutrition and can play an active role in eradicating undernutrition.

Dr Bharath Sontakki, Principal Scientist and Head, ICAR-NAARM in his address, highlighted the crucial role of women in in sustaining rural households and communities, improving rural livelihoods and overall wellbeing. He stated that women farmers and women Self Help Groups (SHGs) play an important role in agriculture development with their significant contribution to boost the rural economy. He also urged the farm women to grab the entrepreneurial opportunities in agriculture and allied sectors rather merely account for a substantial proportion of the agricultural labour force. He also highlighted that provision of value addition of agri produce at village level provides encouraging opportunities for women farmers to uplift the rural income.

Dr Ramesh Naik, Scientist, ICAR-NAARM emphasized that the inspirational success stories of women farmers should be replicated in all the rural villages to encourage the women farmers. Earlier, the programme started with the welcome of participants by Dr. P. Supriya, Scientist, ICAR- NAARM. She gave an overview of the genesis and significance of Mahila Kisan Diwas.

