

NAAS Hyderabad Chapter & ICAR-NAARM Organized National Children's Day

14 November 2022

National Academy of Agricultural Sciences-Hyderabad Chapter in association with ICAR-NAARM organised a sensitization programme on “Nutrition Literacy among Rural Children” on the occasion of Children's Day at Zilla Parishad Girls High School Shamshabad, Rangareddy district, Telangana. Around 500 girl students and staff of the school participated in the programme.

Dr Ch Srinivasa Rao, Convenor, NAAS Hyderabad chapter & Director, ICAR-NAARM highlighted the critical role of nutrition in children's growth and development. He also mentioned that, malnutrition especially anaemia continues to be rampant among girls due to dietary deficiencies. He urged students to include millets and millet based products in their daily dietary requirement so as to gain more nutrition and to stay healthy.

Smt Savithri Murali, Assistant Chief Technical Officer, ICAR-NAARM, enlightened the importance millets in nutrition as they are good source of protein, micronutrients and phytochemicals. She further mentioned that, awareness about nutrition among adolescent girls is very essential for maintaining the food and nutrition security.

Dr Ramesh Naik, Scientist, ICAR-NAARM gave an overview of the nutrition activities and training programs on nutrition conducted by ICAR-NAARM.

Literature on nutrition and millets in nutrition security were also distributed among students.

Earlier, the programme started with the welcome of participants by Dr. P. Supriya, Scientist, ICAR- NAARM. The Programme was ended with the vote of thanks proposed by Smt Aneja, Assistant Chief Technical Officer, ICAR-NAARM.



